

CURRENT BEDROOM THERAPY QUESTIONNAIRE. CBT

Name.....Age.....Profession.....

- How is your current bedroom? Describe it in as much detail as possible.....

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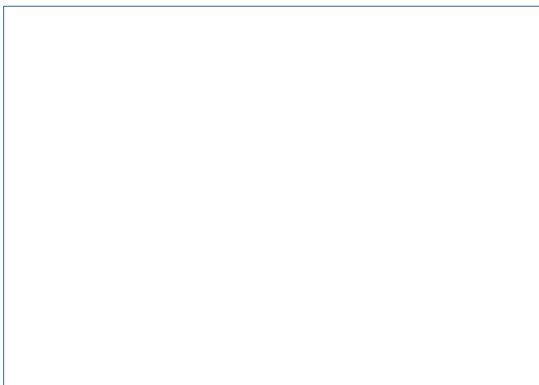
- Describe your environment.....

- How do you feel in it? What do you like the most and what do you like the least?.....

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-Place the following items.

Size



1 Bed. Describe it in detail.....

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2 Nightstand. Describe it.....

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3 Cupboard. Describe it.....

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4 Shelving. Describe it.....

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5 Table 6 Chair. Describe them.....

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7 Door.....

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8 Window. Size. What do you see?.....

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9 Other elements.....

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- Wall, ceiling and floor colour. You can use the color range.....

.....

- What spaces surround the bedroom?.....

.....

R



A



V



Z



B



N



CR01 CR02 CR03 CA04 CA05 CA06 CA07 CV08 CV09 CV10 CZ11 CZ12 CZ13 CB14 CB15 CN16 CN17 CP18 CD19